

**City of Peterborough Swimming Club**  
**Metcalfe Copeman & Pettefar Trophy Mini Meet Grand Prix 2010/2011**  
**(Incorporating the Lynne Tetley Trophy)**  
**License Level 4 4ER0548, 4ER1018, 4ER1019 and 4ER1020**

**Introduction and Aims of Grand Prix**

- The grand prix series comprises of four time-trials for 8-12 year olds with a points based award system.
- Swimmers aged 8 may enter only if aged 9 by the final date of the series.
- The aim of the Mini Meets is to give young swimmers added incentive to attend training sessions and to provide the ideal environment to gain valuable experience of Open Meets on a small scale.
- The series will also provide swimmers with results based on the BAG Points scoring system.
- Meet attendance will allow a coach to monitor each swimmers progress through the Grand Prix programme.
- Parents are encouraged to develop skills as trainee officials and helpers in running the series.
- Licensing level 4 allows for entry of the 200m events into East Region Finals and all events in the ASA National Ranking database.

**Rules**

- Closing date MIDNIGHT Friday 4<sup>th</sup> October 2010
- Ages will be calculated as at 16<sup>th</sup> April 2011 (date of the final round).
- Swimmers must enter all four rounds regardless of actual attendance and are expected to swim all three races in each round unless otherwise advised by their coach.
- The Grand Prix will be held under ASA Laws and ASA Technical Rules and is a CARDLESS event.
- Event will be swum as spear-head seeding mixed age groups.
- Subsequent rounds will have entry times updated from the Grand Prix only. (eg R1 > R3 and R2 > R4)
- Swimmers that have achieved National Qualifying time for the year 2010 cannot enter the competition.
- Swimmers that gain National Qualifying times during the Mini Meets will no longer be able to swim in the competition. It is felt that once the swimmer reaches this standard the mini meets are no longer appropriate for the swimmers development. Pro rata refunds will be given on entry fees. Swimmers must declare this no later than Midnight on the Monday preceding the next round.

**The Mini Meet Programme**

All rounds will take place at the Regional Pool, Peterborough using whenever possible Omega Electronic timing with scoreboard display.

This is a CARDLESS event, sign-in closes at 5.45pm, late entries will not be accepted. Warm up commences at 5:40pm. Please arrive at least 15 minutes before the warm up. The start time is 6.10pm.

<b>Round 1</b>		<b>27<sup>th</sup> November 2010</b>		<b>Round 2</b>		<b>22<sup>nd</sup> January 2011</b>	
<b>Girls</b>	<b>Boys</b>			<b>Boys</b>	<b>Girls</b>		
50m Free	50m Fly			50m Free	50m Fly		
50m Breast	50m Back			50m Breast	50m Back		
200m IM	200m Free			200m IM	200m Free		
<b>Round 3</b>		<b>26<sup>th</sup> February 2011</b>		<b>Round 4</b>		<b>16<sup>th</sup> April 2011</b>	
<b>Girls</b>	<b>Boys</b>			<b>Boys</b>	<b>Girls</b>		
200m IM	200m Free			200m IM	200m Free		
50m Free	50m Fly			50m Free	50m Fly		
50m Breast	50m Back			50m Breast	50m Back		

**Awards**

The following awards will be presented at the end of the Round 4:

- |                                    |  |
|------------------------------------|--|
| Metcalfe Copeman & Pettefar Trophy | Top point scoring swimmer Female                                   |
| Metcalfe Copeman & Pettefar Trophy | Top point scoring swimmer Male                                     |
| Best age group swimmers            | Top 6, boys and girls in each AGE GROUP for 9, 10, 11 and 12 years |
| Lynne Tetley Trophy                | Top point scoring visiting team                                    |

***Grand Prix Series points scoring system:*** Points will be awarded based on the BAG Points scoring system. This system allocates points based on a swimmers time, multiplied by an age correction factor. The more events a swimmer competes in the better the chance of scoring high overall points. Total points after all four rounds will determine the overall winners in each age-group.

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NB. Age Group Swimmers progressing to other Open Meets will often be scored using the similarly named BAGCAT points system, which only uses a swimmers best 50m sprint, 200m form stroke, 200/400 distance freestyle and Individual medley times. Unfortunately this system can't be used for this grand prix series.

**Entry Fees**

The entry fee is £22, which covers ALL events for all four rounds. Pro rata refunds are only available for swimmers withdrawing due to achieving national qualifying times.

Spectator entry (with programme) will be £2.50 per adult. Children under 16 are free.

**Results**

Results sheets will be displayed during each round on poolside for coaches and swimmers and the balcony for parents then within 24hours of the end of the round on the COPS website [www.copsclub.co.uk](http://www.copsclub.co.uk)

**Officials and Helpers**

Each visiting club is requested to provide to provide one qualified judge and a timekeeper for every round. Please provide contact details for your officials' secretary when returning entries. If it will not be possible to meet this request it is essential that this is made clear when returning entries. Alternatively email COPS Officials Secretary at [nigel.brigham@copsclub.co.uk](mailto:nigel.brigham@copsclub.co.uk)

We always rely on parent helpers on poolside and 'behind the scenes'. Helpers please contact David Cook ahead of each round, details below.

**Entries, General Enquiries & Info**

David Cook, 12 Thornemead, Werrington, Peterborough, PE4 7ZD

Tel: 0792 00 13 134

E-mail: [david.cook@copsclub.co.uk](mailto:david.cook@copsclub.co.uk)



**METCALFE COPEMAN & PETTEFAR**

**Proud Supporters and Sponsors of the**  
**Metcalfe Copeman & Pettefar Trophy Mini Meet Grand Prix 2010/2011**  
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**CITY OF PETERBOROUGH SWIMMING CLUB**

**METCALFE COPEMAN & PETTEFAR TROPHY MINI MEET GRAND PRIX 2010/2011 SERIES**

**CLUB/SQUAD** \_\_\_\_\_

**Please note the Grand Prix Fee of £22 per swimmer will cover all events/rounds in the series**

**PLEASE PRINT NAMES CLEARLY IN FULL (no initials).**

**Please complete with CURRENT BEST TIMES or enter N/T for NO TIME.**

SURNAME	FIRST NAME	AGE @ 16/4/2011	ASA Reg No.	DOB	50 FREE	50 BACK	50 BREAST	50 FLY	200 IM	200 FREE	ROUNDS ENTERING (if not all)	FEE DUE
												£22.00

**CLUB CONTACT**

**NAME:** \_\_\_\_\_

**Tel** \_\_\_\_\_

**ADDRESS:** \_\_\_\_\_

**ENTRY FEES** for this page = \_\_\_\_\_ @ £22 = £ \_\_\_\_\_ **TOTAL**

Cheques made payable to 'City Of Peterborough SC'. Return with entries by closing date of **MIDNIGHT 4th October 2010** to:

David Cook, 12 Thornemead, Werrington Peterborough, PE4 7ZD 0792 00 13 134

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